



# Member Bulletin

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Learn more about free or  
low-cost dental services  
to help keep you and  
your smile healthy at  
[SmileCalifornia.org](https://SmileCalifornia.org).

## FIND A DENTIST

Click for a complete list of  
Medi-Cal dental providers  
in your area.

## Medi-Cal Eligibility Expansion for Adults 50 Years of Age or Older

Starting May 1, 2022, the new Older Adult Expansion will give full scope Medi-Cal to adults ages 50 and older who qualify for Medi-Cal. Your immigration status does not matter. This includes free and low-cost dental services.

To learn more about this change, you can visit the Department of Health Care Services [website](#). To learn more about Medi-Cal dental covered services, visit [SmileCalifornia.org](https://SmileCalifornia.org).

## Important: Keep Your Contact Information Current

Help us keep your contact information current. This allows you to get important updates and materials from Medi-Cal Dental. These include:

- Provider referrals
- Member Complaint Forms
- Medi-Cal Dental notices about your dental treatment
- Medi-Cal Out of Pocket Refund Requests

If you need to update your information, please contact your local County Social Services office. A complete list of county offices can be found on the Department of Health Care Services website [here](#).

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# Coming Soon: *Smile, California* Facebook Live Events

Please join us for our June Facebook Live events! An English presentation will be held on **June 21<sup>st</sup>** and a Spanish presentation will be held on **June 22<sup>nd</sup>**.

We'll tell you all about your Medi-Cal dental benefit and answer your questions about the Medi-Cal Dental Program. Stay for the full presentation and you could win a \$50 VISA gift card!

**What:** *Smile, California* Facebook Live:  
**Smile, your Medi-Cal benefits include dental!**

**Where:**

- **ENGLISH:** <https://fb.me/e/25GdvLaGf>
- **SPANISH:** <https://fb.me/e/1MhRqrQmv>

**When/Language:**

- **ENGLISH:** Tuesday, June 21, 2022 at 1:00 PM Pacific Standard Time
- **SPANISH:** Wednesday, June 22, 2022 at 1:00 PM Pacific Standard Time

In the meantime, we'd love to connect with you online! "Like" our [Facebook](#) page or follow us on [Instagram](#) to get updates on the *Smile, California* campaign. You can also visit [SmileCalifornia.org](https://SmileCalifornia.org) – or [SonrieCalifornia.org](https://SonrieCalifornia.org) for Spanish – to learn more.

## Taking Care of Your Smile

Keeping your teeth healthy is very important. It is one of the best things you can do for your overall health. You can do this by:

- Brushing twice a day and flossing daily
- Eating a balanced diet
- Limiting sugary foods and drinks
- Visiting your dentist for regular checkups

Medi-Cal provides free or low-cost dental checkups every 6 months for members under the age of 21 and every 12 months for members age 21 and over. Visit the [Smile, California website](#) to learn more!

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# Language Assistance

## **English**

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-800-322-6384 (TTY: 1-800-735-2922).

## **Español (Spanish)**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-322-6384 (TTY: 1-800-735-2922).

## **Tiếng Việt (Vietnamese)**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-322-6384 (TTY: 1-800-735-2922).

## **Tagalog (Tagalog – Filipino)**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-322-6384 (TTY: 1-800-735-2922).

## **한국어 (Korean)**

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다.

1-800-322-6384 (TTY: 1-800-735-2922). 번으로 전화해 주십시오.

## **繁體中文 (Chinese)**

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-322-6384 (TTY: 1-800-735-2922)。

## **Հայերեն (Armenian)**

ՈՒՇԱՄԻՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցություններ։ Ձանգահարեք 1-800-322-6384 (TTY (հեռատիպ)՝ 1-800-735-2922)։

## **Русский (Russian)**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-322-6384 (телетайп: 1-800-735-2922).

## **فارسی (Farsi)**

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-322-6384 (TTY: 1-800-735-2922) تماس بگیرید.

## **日本語 (Japanese)**

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-322-6384 (TTY: 1-800-735-2922) まで、お電話にてご連絡ください。

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### **Hmoob (Hmong)**

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-322-6384 (TTY: 1-800-735-2922).

### **ਪੰਜਾਬੀ (Punjabi)**

ਪਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-322-6384 (TTY: 1-800-735-2922) 'ਤੇ ਕਾਲ ਕਰੋ।

### **العربية (Arabic)**

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-322-6384 (رقم هاتف الصم والبكم: 1-800-735-2922).

### **हिंदी (Hindi)**

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-322-6384 (TTY: 1-800-735-2922) पर कॉल करें।

### **ภาษาไทย (Thai)**

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-322-6384 (TTY: 1-800-735-2922).

### **ខ្មែរ (Cambodian)**

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, បសវនករយើងនឹងជួយអ្នកក្នុងការប្រើប្រាស់សេវាជំនួយភាសា។ តេឡេហ្វូន 1-800-322-6384 (TTY: 1-800-735-2922)។

### **ພາ ສາ ລາ ອ (Lao)**

ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-800-322-6384 (TTY: 1-800-735-2922).