



# Member Bulletin

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## Kindergarten Oral Health Assessment Program

Poor oral health can affect a child's attendance, grades, and overall performance in school. To make sure your child is ready for school, California law requires that children have a dental check-up. The check-up must be done by **May 31st** of your child's first year in public school (kindergarten or 1st grade). This requirement is called the **Kindergarten Oral Health Assessment (KOHA)**.

### Steps to Complete the KOHA

- 1. Look out for information from your child's school.** They will give you a:
  - a. Letter about the KOHA requirement
  - b. Form that the dentist will complete during your child's check-up
- 2. Take your child to the dentist by May 31st.** You can use the [Find a Dentist](#) tool to find one that's right for your family.
- 3. Ask the dentist to fill out the KOHA form at your child's visit.** Remember to ask any questions you have. Don't be afraid to share your concerns.
- 4. Give your child's school the completed form.** At this point, you're done with the requirement but not with your child's dental

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Learn more about free or low-cost dental services to help keep you and your smile healthy at [SmileCalifornia.org](https://SmileCalifornia.org).

### FIND A DENTIST

Click for a complete list of Medi-Cal dental providers in your area.



PO BOX 15539, Sacramento, CA 95852-1539  
1-800-322-6384 | [dental.dhcs.ca.gov](https://dental.dhcs.ca.gov)

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care! As a Medi-Cal member, your child is covered for two dental visits each year.

For more information, visit the *Smile, California* [Oral Health and School Readiness page](#).

## Don't Forget to Use Your Dental Benefit this Year!

Keeping your teeth healthy is important for your overall health. Start the new year right. Get the most out of your Medi-Cal dental benefit before 2022 ends.

With Medi-Cal, adults are covered for a dental exam **once every 12 months**. Kids and teens are covered **every 6 months, and sometimes more**.

Check out the table below to see what Medi-Cal covers at every age. You can also visit the [Smile, California Covered Services page](#) for details.

SERVICES	BABIES	KIDS	TEENS	PREGNANCY	ADULTS	SENIORS
Exam*	*	*	*	*	*	*
X-rays	*	*	*	*	*	*
Teeth cleaning	*	*	*	*	*	*
Fluoride varnish	*	*	*	*	*	*
Fillings	*	*	*	*	*	*
Tooth removal	*	*	*	*	*	*
Emergency services	*	*	*	*	*	*
Sedation	*	*	*		*	*
Molar sealants**		*	*			
Root canals		*	*	*	*	*
Orthodontics (braces)***			*			
Crowns****			*	*	*	*
Partial and full dentures			*	*	*	*
Denture relines			*	*	*	*
Scaling and root planing			*	*	*	*

### Exceptions:

\*Free or low-cost checkups every six months for members under the age of 21, every 12 months for members over the age of 21.

\*\*Permanent molar sealants are covered for kids and teens up to age 21.

\*\*\*For those who qualify.

\*\*\*\*Crowns on molars or premolars (back teeth) may be covered in some cases.

To find a Dentist near you, you can use our [Find a Dentist](#) search tool. For more information, visit the [Smile, California website](#).

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# Language Assistance

## **English**

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-800-322-6384 (TTY: 1-800-735-2922).

## **Español (Spanish)**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-322-6384 (TTY: 1-800-735-2922).

## **Tiếng Việt (Vietnamese)**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-322-6384 (TTY: 1-800-735-2922).

## **Tagalog (Tagalog – Filipino)**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-322-6384 (TTY: 1-800-735-2922).

## **한국어 (Korean)**

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다.

1-800-322-6384 (TTY: 1-800-735-2922). 번으로 전화해 주십시오.

## **繁體中文 (Chinese)**

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-322-6384 (TTY: 1-800-735-2922)。

## **Հայերեն (Armenian)**

ՈՒՇԱՄԻՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցություններ։ Ձանգահարեք 1-800-322-6384 (TTY (հեռատիպ)՝ 1-800-735-2922):

## **Русский (Russian)**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-322-6384 (телетайп: 1-800-735-2922).

## **فارسی (Farsi)**

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-322-6384 (TTY: 1-800-735-2922) تماس بگیرید.

## **日本語 (Japanese)**

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-322-6384 (TTY: 1-800-735-2922) まで、お電話にてご連絡ください。

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### **Hmoob (Hmong)**

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-322-6384 (TTY: 1-800-735-2922).

### **ਪੰਜਾਬੀ (Punjabi)**

ਪਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-322-6384 (TTY: 1-800-735-2922) 'ਤੇ ਕਾਲ ਕਰੋ।

### **العربية (Arabic)**

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-322-6384 (رقم هاتف الصم والبكم: 1-800-735-2922).

### **हिंदी (Hindi)**

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-322-6384 (TTY: 1-800-735-2922) पर कॉल करें।

### **ภาษาไทย (Thai)**

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-322-6384 (TTY: 1-800-735-2922).

### **ខ្មែរ (Cambodian)**

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, បសវនករយើងនឹងជួយអ្នក ដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ 1-800-322-6384 (TTY: 1-800-735-2922)។

### **ພາ ສາ ລາ ອ (Lao)**

ໂບດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-800-322-6384 (TTY: 1-800-735-2922).