

Member Bulletin SEPTEMBER 2023 Volume 6, Number 10



THIS ISSUE

pg 1 Medi-Cal Increases Asset Limit

pg 1 September is Healthy Aging Month

pg 3 Check Out the Member Handbook

Learn more about free or low-cost dental services to help keep you and your smile healthy at *SmileCalifornia.org.*

FIND A DENTIST

Click for a complete list of Medi-Cal dental providers in your area.

Medi-Cal Increases Asset Limit

On July 1, 2022, the asset limit for Medi-Cal programs for people who are 65 or older or disabled increased. These changes apply to things you own, which can be counted for Medi-Cal eligibility. These items include bank accounts, cash, second vehicles and homes, and other financial resources.

The previous limits were \$2,000 for one person, and \$3,000 for a couple. The new limits are \$130,000 for one person, and an additional \$65,000 for each additional family member.

Please call Medi-Cal Member Services at (800) 541-5555 for help. Or visit the Asset Limit Changes FAQ webpage for more information.

September is Healthy Aging Month

A healthy smile never gets old! September is a great time to brush up on good dental habits and your <u>covered services</u>. Help keep your teeth and gums healthy by making sure you:

- Brush your teeth twice a day and floss daily.
- ✓ If you have dentures, clean them daily with cleaners made for dentures. Remember to brush your gums with a soft toothbrush.

 Continued on pg 2

♥DHCS | Medi-Cal Dental



- ✓ Eat a healthy, well-balanced diet.
- ✓ See the dentist for a checkup once a year.

As a Medi-Cal member, adults 21 and up may qualify for the following free or low-cost services:

- Dental exams (every 12 months)
- Teeth cleaning (every 12 months)
- Fluoride treatment (every 12 months)
- X-rays
- Deep cleaning (scaling and root planing)
- Fillings
- Crowns
- Root canals
- Partial and full dentures
- Denture relines
- Tooth removal
- Emergency services
- Other medically necessary dental services

Need to find a dentist? Use our Find a Dentist tool to find one that's right for you.



Check Out the Member Handbook

Want to learn more about how Medi-Cal has dental covered? As a Medi-Cal member, the Member Handbook is your guide to understanding your dental benefit.

Visit Smile, California website in 17 languages.

The Member Handbook has helpful information about:

- The Medi-Cal Dental Program
- Where to find online resources
- How to contact us and get help in your language
- Assigning an Authorized Representative
- Using dental services under Medi-Cal
- Your Medi-Cal dental benefit
- Medi-Cal dental providers
- Getting dental care and the cost of dental services
- Transportation services
- The Case Management program
- How to make a complaint
- The State Hearing process
- Common Dental terms and definitions
- Your rights and responsibilities
- Your privacy

For other helpful resources and materials, please visit the <u>Smile, California website</u>.



Language Assistance

English

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-800-322-6384 (TTY: 1-800-735-2922).

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-322-6384 (TTY: 1-800-735-2922).

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-322-6384 (TTY: 1-800-735-2922).

<u>Tagalog (Tagalog – Filipino)</u>

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-322-6384 (TTY: 1-800-735-2922).

한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-322-6384 (TTY: 1-800-735-2922). 번으로 전화해 주십시오.

繁體中文(Chinese)

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-322-6384 (TTY: 1-800-735-2922)。

Հաղ երեն (Armenian)

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվ մար կարող են տրամադրվել լեզվական աջակցության ծառայություններ : Զանգահարեք 1-800-322-6384 (TTY (հեռատիպ)՝ 1-800-735-2922):

Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-322-6384 (телетайп: 1-800-735-2922).

(Farsi) فارسى

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 6384-322-800-1 (2922-735-800-1:TTY) تماس بگیرید.

日本語 (Japanese)

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-322-6384 (TTY: 1-800-735-2922)まで、お電話にてご連絡ください。

Hmoob (Hmong)

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-322-6384 (TTY: 1-800-735-2922).

ਪੰਜਾ<u>ਬੀ (Punjabi)</u>

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-322-6384 (TTY: 1-800-735-2922) 'ਤੇ ਕਾਲ ਕਰੋ।

(Arabic) قىبرعلا

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 6384-322-800-1 (رقم هاتف الصم والبكم: 2922-730-1).

हिंदी (Hindi)

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-322-6384 (TTY: 1-800-735-2922) पर कॉल करें।

ภาษาไทย (Thai)

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-322-6384 (TTY: 1-800-735-2922).

ខ្មែរ (Cambodian)

ប្រយ័ត្ន៖ បរើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, បសវាជំនួយខ្នួនកភាសា បោយមិនគិត្ត្យល គឺអាចមានសំរារ់របរើអ្នក។ ចូរ ទូរស័ព្ទ 1-800-322-6384 (TTY: 1-800-735-2922)។

ພາສາລາວ (Lao)

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ ທ່ານ. ໂທຣ 1-800-322-6384 (TTY: 1-800-735-2922).